

GYN Surgical & Perinatal Newsletter



FLUENT® Fluid Management System

COMING SOON!
Available Jan 2021.

A Game Changer in Fluid Management.
Simplified procedures with greater control
for hysteroscopy.

Enhancing MyoSure® and hysteroscopy procedures:

- Simplified set up and operation
- Advanced technology with intuitive interface for increased clinical confidence
- Time savings with set up/clean up and procedure time
- Improve patient experience

📌 **REGISTER HERE to join a FREE Webinar**
Introducing the FLUENT® System -
10th December | 7pm GMT

FIRST UK Experiences using the FLUENT System:



Pictured above: Mr Pandelis Athanasias and team

St Helier Hospital in Epsom

Mr Pandelis Athanasias says:

*"Fluent will prove to be a game changer!
The nursing team will need very little training
support and we can see how this will improve
running the clinic more efficiently"*



Pictured above: Miss Olivia Barney and team

Leicester General Hospital

Miss Olivia Barney says:

*"University Hospitals Of Leicester NHS
Trust and the Gynaecology Ambulatory
Team were excited to be the first
team in the UK to resect pathology
during the trial of the new FLUENT
fluid management system specifically
designed to work alongside Myosure.
The system was easy to set up and we*

*already saw a significant reduction in the
amount of fluid used. I resected a polyp
on two patients and a 3cm G1submucous
fibroid on another patient. Particularly
with the fibroid, I noticed a significant
reduction in fluid used, "faff" time was
much less so the HCAs spent less time
worrying about the fluid. Clearing up
was also easier. What I particularly liked
was the fact that the system drained the
tubing at the end to ensure the specimen
was not lost. Overall a well thought out
product with clear advantages over our
existing fluid management system."*



Pictured above: Miss Lalrinawmi and team

Great Western Hospital in Swindon

Margaret Flynn - Matron for Gynaecology Services, says:

*"Fluent system arrived in the gynae
department as part of a trial. My
experience to date of managing MyoSure
clinics was the endless need for pieces of
equipment that needed to be put together
like a jigsaw puzzle so i was really keen
to see how Fluent could reduce
preparation and clearing up times in a
clinic and ease staff anxiety in relation to
ensuring equipment was put together
correctly. Would it make a difference?
Wow does this product deliver -
preparation - open a pack, Clickety clack
and almost ready to go, the machine tells
you the rest. Disposal of equipment easy
at the end. I would definitely recommend"*



MyoSure® Tissue Removal Device



Pictured above: Miss Peggy Kline and team at St Richards Hospital, Chichester

USER EXPERIENCE: MyoSure Fibroid Removal in Outpatients

Congratulations to Miss Peggy Kline and team at **St Richards Hospital in Chichester**, who completed their first MyoSure fibroid removal in outpatients using the XL MyoSure device.

Miss Peggy Kline says:

"Very useful to be able to resect the large intracavity fibroid of >3cm without needing to rebook the patient to Day case list under GA with a See and Treat pathway. This has been particularly useful when most of the gynaecology non-urgent operating lists are cancelled due to COVID surgery backlog.

We experienced good cutting speed, clear vision during the procedure and amazing to see how patient tolerating the procedure no matter the time or large blade (XL) device used in the outpatient setting. Entry through cervical os without needing large Hegar dilator due to the design of the Omniscope.

Using the diagnostic Omniscope was very easy to use, good visualisation much better than current flexi hysteroscope in terms of visualisation and possibility of ability to do vaginoscope approach without needing speculum (not quite possible with flexi-hysteroscope as it keeps bending).

Overall, very happy, wish we had done this earlier!"



OmniLok® Cervical Seal



USER EXPERIENCE:



Mrs Gokhale says:

"Fluid loss in patients with a patulous cervix has been a long term problem for us. OmniLok is the a very simple but effective solution.

One thing I would say is that it wasn't particularly useful on high BMI patients as it restricted the length of the scope too much. Otherwise it worked as expected!"



Wear White again. .CO.UK

HOLOGIC® Campaign

[WATCH on demand - GP Education - Expert Spotlight on Managing HMB in Primary Care](#)

TOP TIPS for management of women presenting with heavy menstrual bleeding (HMB) in primary care.

[DOWNLOAD Online Resources - PCWHF Top Tips for Managing HMB in Primary Care \(supported by Hologic\)](#)

Hologic Educational Events: Training and Support:

Hologic is committed to continue to support nurses and clinical staff with our dedicated Clinical Applications Team.

We are available to support virtual training sessions, socially distanced training and Webinars (pre-recorded and live sessions available).

A certificate of attendance is available for live sessions (not for on demand viewing), as well as material to help assist you with supporting fellow staff members in their understanding and training of Hologic's product portfolio.

[CONTACT US to find out more](#)

Women's Health Pocket Guide



[VIEW or DOWNLOAD Online Resources - Royal College of Nursing - POCKET GUIDE \(supported by Wear White Again, a Hologic campaign\)](#)

NovaSure® Endometrial Ablation



Moving NovaSure® into Outpatients: **FIRST NOVASURE CLINIC IN OUTPATIENTS**

Cambridge University Hospitals NHS Foundation Trust at Addenbrookes Hospital now offer NovaSure procedures in their gynaecology outpatient service.



Pictured above: Mr Gerry Hackett and Team at the Rosie Hospital, Addenbrookes Outpatient Gynaecology Department

Mr Gerry Hackett says:

"Patients were delighted to have an effective treatment for their menstrual disorder. They were surprised how straightforward it was under local anaesthetic and pleased to not have to wait for the procedure when COVID has affected most other elective surgeries."



Wexham Park Hospital (Frimley Health NHS Foundation Trust) conducted their first NovaSure procedures in their gynaecology outpatient service.



Pictured above: Miss Abdullah, Miss Doncheva and Team at Wexham Park Outpatient Gynaecology Department

Miss Asma Abdullah says:

"We had an excellent first list. I am so excited to do the next list and get this service up and running long term."

Miss Petya Doncheva says:

"This exceeded my expectation. I thought I would find it hard to do <fundal block technique> but it was so easy and the patients tolerated it so well. I am happy to offer this service to the patients so they can avoid a general anaesthetic"



Royal Berkshire Hospital in Reading now offer NovaSure procedures in their gynaecology outpatient service.



Pictured above: Mima Sabolova (OP Nurse-left), Clare Marsh (Consultant OB GYN - middle) and Preet Reyatt (OP Nurse-right). Sinini Chikwiri (OP Nurse-absent)

Miss Clare Marsh says:

"Royal Berkshire hospital OPH team have been delighted to introduce NovaSure endometrial ablation into our department."

"Our patients now have more choice and can receive treatment sooner than waiting for a theatre slot, or risk cancellation with the next wave of uncertainty. Our nursing staff have been pleasantly surprised by how user friendly the NovaSure machine and device are to use."

"We decided we wanted to use fundal blocks from the outset, to help with analgesia. Hologic kindly arranged for a consultant from another trust to come and support us in our first clinic. It was helpful having the guidance, and a touch of troubleshooting advise."

"We are still in the early days and tweaking the logistics to work best for our set up – the NovaSure procedure is definitely the simplest part of the process!"



[**CONTACT US to organise hands on training within your Trust**](#)

[**CLICK HERE to see a VIDEO of an example fundal block technique**](#)

CLINICAL REVIEW:

Levonorgestrel-releasing intrauterine system versus endometrial ablation for heavy menstrual bleeding.

Beelen P, van den Brink MJ, Herman, MC, et al. Am J Obstet Gynecol. Aug 11,2020

Objective:

This study aimed to compare the effectiveness of the levonorgestrel-releasing intrauterine system with endometrial ablation in women with heavy menstrual bleeding.

Study Design:

This multicenter, randomised controlled, noninferiority trial was performed in 26 hospitals and in a network of general practices in the Netherlands. Women with heavy menstrual bleeding, aged 34 years and older, without a pregnancy wish or intracavitary pathology were randomly allocated to treatment with either the levonorgestrel-releasing intrauterine system (Mirena) or endometrial ablation, performed with a bipolar radiofrequency device (NovaSure).

The primary outcome was blood loss at 24 months, measured with a PBLAC score. Secondary outcomes included reintervention rates, patient satisfaction, quality of life, and sexual function.

Conclusion:

Both the levonorgestrel-releasing intrauterine system and endometrial ablation strategies lead to a large decrease in menstrual blood loss in women with heavy menstrual bleeding, with comparable quality of life scores after treatment. *Nevertheless, there was a significant difference in menstrual blood loss in favor of endometrial ablation*, and we could not demonstrate noninferiority of starting with the levonorgestrel-releasing intrauterine system. *Women who start with the levonorgestrel-releasing intrauterine system, a reversible and less invasive treatment, are at an increased risk of needing additional treatment compared with women who start with endometrial ablation.* The results of this study will enable physicians to provide women with heavy menstrual bleeding with the evidence to make a well-informed decision between the 2 treatments.

The primary outcome was blood loss at 24 months, measured with a PBLAC score. Secondary outcomes included reintervention rates, patient satisfaction, quality of life, and sexual function.

Results:

- 270 women randomised between April 2012 - January 2016
- Mirena n=132, NovaSure n=138
- (247 women included in the intent to treat analysis - non inferiority was not shown)

Controlled bleeding (PBAC ≤ 75) at 24 months:

- NovaSure - 93.9%
- Mirena - 87%

Reintervention rates at 24 months:

- NovaSure - 20% (n=27)
- Mirena - 35% (n=44)

Patient satisfaction at 3 months, 6 months and 24 months:

- NovaSure - 81%, 86.4%, 84%
- Mirena - 43.5%, 59.4%, 74%

[!\[\]\(a73c1962d20a39dd8fd6a060ae69693f_img.jpg\) VIEW PUBLICATION](#)

[!\[\]\(f507db636256ac11a5525ef93ec6b8d7_img.jpg\) WATCH the on demand Webinar Presenting the study - Guest speakers: Prof. Dr. Marlies Bongers & Dr. Pleun Beelen](#)



[!\[\]\(066cb4a00c9d9f40edb6f87372ec6f08_img.jpg\) CLICK HERE to view a TRAINING VIDEO - Setting up the Omni™ Scope](#)

[!\[\]\(aceb1790ece33f2eac474d4a9431c6d6_img.jpg\) CLICK HERE to view a TRAINING VIDEO - Setting up the Aquilex® with Serres Canisters](#)

[!\[\]\(b9742ff0bb3da904abeeee81c2bcb456_img.jpg\) CLICK HERE to view a TRAINING VIDEO - Setting up the Aquilex with VacSax Canisters](#)

WEBINAR SERIES:

UPCOMING LIVE WEBINAR -

3rd December @7pm

NovaSure - MORE Common Questions and Misconceptions.

Guest speakers:

Mr. Martyn Underwood and Miss Hema Nosib

[!\[\]\(3a9e77fc60554e54e5412caa0cfeb534_img.jpg\) REGISTER TO ATTEND HERE](#)

Now Available on demand - click on the below links:

[!\[\]\(7fc7a78d681c65e5eab75b70bb438816_img.jpg\) NovaSure - Common Questions and Misconceptions - Guest speakers: Mr Francis Gardner, Mr Srini Vindla](#)

[!\[\]\(c878613cf7ded944bfc7a2ca9c203d94_img.jpg\) How to transition NovaSure into the Outpatients - Guest speakers: Mr. Martyn Underwood, Mr. Peter Scott](#)

[!\[\]\(3de86287d784100917a1f65e56813707_img.jpg\) NovaSure Overview & Troubleshooting](#)

[!\[\]\(98c78cd2a2ac28d8c69439852e303d4f_img.jpg\) Aquilex Set Up - Back to Basics](#)

[!\[\]\(191974d92f8997746d184d15a9426fc7_img.jpg\) Aquilex & MyoSure Troubleshooting](#)

[!\[\]\(b41b71011a8b855bc1d1430aed0f7da1_img.jpg\) MyoSure 'Fast Start' to See & Treat](#)

[!\[\]\(3f95af55ae28ab037601216bb535c135_img.jpg\) MyoSure Getting it Right First Time - a Pathology Perspective - Guest speaker: Mr. Francis Gardner, Consultant Gynae Oncologist, Queen Alexandra Hospital](#)

[!\[\]\(05b881c6f4fcc2aa54d489142a16b2bd_img.jpg\) Introducing OmniLok Cervical Seal](#)

[!\[\]\(9c1bd5a68bb1bbd6cc910c91238328cc_img.jpg\) OMNI Hysteroscope overview](#)

Rapid fFN[®] Test



Fetal Fibronectin: USER EXPERIENCE:

Arrowe Park Hospital, having previously used the Actim Partus Test, have now implemented quantitative fetal fibronectin alongside the QUIPP app at the hospital.

Mr. Mustafa Sadiq says:

"Introducing Fibronectin will greatly help clinical decision making in threatened preterm labour".



Pictured above: Mr Mustafa Sadiq and the maternity team in Arrowe Park Hospital

Colchester Hospital, recently installed a PerilynX™ analyser and started to use quantitative fFN within maternity.

Anna Goode says:

"The interface on the analyser was so easy to follow, this is a bonus for a busy triage area like ours.

That said, I can't give enough praise to the Hologic trainers who have given so much time getting our staff trained. I am so excited we are now up and running.



Pictured above: Anna Goode, Triage Maternity Sister using the PerilynX Analyser processing an fFN test at Colchester Hospital



Sometimes the symptoms are real but the risk isn't.

Only named biomarker test recommended in the National Institute for Health and Care Excellence (NICE) clinical guidelines for the risk assessment of preterm labour & birth.*

A clinically proven, powerful indicator for planning and peace of mind.

Gain better insight into her risk of early delivery

Get greater predictive accuracy

BAPM Perinatal Optimisation Care Pathway includes the Rapid fFN[®] Fetal Fibronectin Test



[VISIT the NEW Rapid fFN Test Website to access online RESOURCES including on demand Webinars](#)

[ACCESS the toolkit HERE](#)



Join us at ESGE Live 2020 | 6-8 December

SYMPOSIUM

Developing Minimally Invasive Gynaecological Surgery (MIGS) for Current and Future Services.

Key Learnings from the COVID-19 Pandemic.

[CLICK TO REGISTER](#)

Date: Tuesday 08 December | **Time:** 10:00 - 11:30 CET



Wear white again
Goodbye to Heavy Periods

Endometrial Ablation performed as an Outpatient Procedure – A Consultant Gynaecologist's Experience

[CLICK HERE to find information for Patients and HCP's on Heavy Menstrual Bleeding](#)

[Learn more about
OmniLok Cervical Seal](#)



[Learn more about FLUENT Fluid
Management System](#)



[Learn more about MyoSure
Tissue Removal System](#)



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